

Saebo's Care and Cleaning Recommendations

****The following are suggestions for cleaning Saebo products. Please refer to your infection control policy or coordinator for your required cleaning procedure****

SaeboFlex and SaeboReach

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) remove liners from the plastic shell; (3) hold the can 6-8 inches away from the device; (4) spray all surfaces until visibly wet, DO NOT soak; (5) let the device dry for 5 minutes; (6) disassemble the components; (7) store the device and its components. You may also use a typical hospital/clinic rehabilitation cleaning solution**. To clean properly, spray or apply the solution to a clean cloth and wipe down all parts of the device before storing it.

Note: *SaeboFlex* and *SaeboReach* foam liners are closed-celled and are reusable after wiping. If the foam liner looks to be breaking down, usually along the edges, it is no longer closed-cell and needs to be removed (pre-fabricated shells only). Replace this liner with a new liner. Always wash and dry the client's affected hand before every use.

When to replace: Replace and discard the old components when one of the following occurs: (a) when the **foam liners** do not have smooth surfaces; the closed-cell design is no longer safe for the recommended cleaning (pre-fabricated shells only); (b) when the **straps for the digit caps** begin to fray; the straps are no longer safe for the recommended cleaning; (c) if the **plastic plate or shell** cracks, they are no longer safe for usage (rare). Replace these components to ensure quality infection control.

SaeboStretch

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) unzip and remove the splint cover; (3) hold the can 6-8 inches away from the device; (4) spray all fabric and metal surfaces until visibly wet, DO NOT soak; (5) let the device dry for 5 minutes; (6) reassemble and store the device.

Note: To maintain your *SaeboStretch* cover in good working condition, thoroughly wash and dry the client's affected hand before every use. Use soap and lukewarm water to wash the material when soiled.

When to replace: Order and replace the *SaeboStretch* components when the following occurs: (a) adequate amounts of pilling (small **fabric** balls) become present; (b) the **fabric** is torn; (c) the **3M™ Hook and Loop Fastener** does not hold firmly; (d) the **zipper** does not fully zip; (e) **stitching** is unraveling; (f) visible **discoloration** is permanent, or (g) if the internal **metal splint** breaks.

SaeboGlove

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) separate the glove from the splint; (3) hold the can 6-8 inches away from the device; (4) spray all surfaces of the glove and splint until visibly wet, DO NOT soak; (5) let the device dry for 5 minutes; (6) remove and store all tensioners; (7) store the device.

Note: To maintain your *SaeboGlove* liner in good working condition, thoroughly wash and dry the client's affected hand before every use. Use soap and lukewarm water to wash the material when soiled.

When to replace: Order and replace the *SaeboGlove* components when the following occurs: (a) adequate amounts of pilling (small **fabric** balls) become present; (b) the **fabric** is torn; (c) the **3M™ Hook and Loop Fastener** does not hold firmly; (d) **stitching** is unraveling; (e) visible **discoloration** is permanent, or (f) the **wrist splint** cracks or breaks.

*Specific product directions can be found on the Clorox® product label and website.

**Use of hospital grade cleaning products on devices besides the *SaeboFlex* and the *SaeboReach* may result in disruption of the integrity and function of the devices.

SaeboStim Micro

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) disconnect the lead wires from the glove and the elbow sleeve; (3) separate the electrical stimulation unit from the wrist strap and place aside; (4) hold the can 6-8 inches away from the glove, sleeve, and strap; (5) spray all surfaces of the components until visibly wet, DO NOT soak; (6) let them dry for 5 minutes; (7) spray or apply the solution to a clean cloth; (8) wipe down all parts of the electrical stimulation unit and lead wires; (9) let them dry for 5 minutes; (10) store the device.

Note: Avoid spilling liquids on the *SaeboStim Micro*. Avoid caustic cleansers. Use soap and lukewarm water to wash the glove and elbow sleeve when soiled.

When to replace: Order and replace the *SaeboStim Micro* components when the following occurs: (a) adequate amounts of pilling (small **fabric** balls) become present; (b) the **fabric** is torn; (c) **stitching** is unraveling; (d) visible **discoloration** is permanent, (e) the **hook and loop fasteners** do not hold firmly; (f) the sheathing of **the lead wires** cracks or breaks; (g) the **screen** of the electrical stimulation unit becomes opaque; or (h) the **electrical stimulation unit** is not functioning properly.

Saebo AvivaStim

The electrical stimulation unit and lead wires should be cleaned regularly. Do not allow the interior of the units or any of the connectors to become wet during cleaning.

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) disconnect the *SaeboTrodes* and store them; (3)) spray the cloth until damp, DO NOT soak cloth; (4) wipe down all parts of the electrical stimulation unit and lead wires; (5) let them dry for 5 minutes; (6) store the device.

When to replace: Order and replace the *Saebo AvivaStim* components when the following occurs: (a) the **plastic shell** on the electrical stimulation unit is broken; (b) the **display** of the electrical stimulation unit becomes opaque or is no longer readable; (c) the **electrodes** are not sticking to the skin; (d) the sheathing of the **lead wires** cracks or breaks; (e) the **electrical stimulation unit** is not functioning properly.

SaeboStim Go

The white controller unit, wings, and polybag should be cleaned regularly. Do not allow the interior of the controller unit to become wet during cleaning. The controller unit is fitted with a fluid detection device.

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) disconnect the wings and remove/cover the gel pads if needed (see Note below); (3) spray the cloth until damp, DO NOT soak cloth; (4) wipe down all parts of the controller unit, the BLUE side of the wings; and the polybag; (5) let them dry for 5 minutes; (6) turn the polybag inside out and allow to fully dry; (7) insert the wings into the polybag; (8) store the device.

Note: DO NOT attempt to take apart the wings. The gel pads of the *SaeboStim Go* are designed to be used on one person only and not meant to be removed and stored for later application. Once the gel pads are placed onto the wings, they must stay there until ready for discard. Removal of the gel pad results in disruption of the integrity and function of the pad. Attempts to do this will result in an increased risk of client injury. Cover the gel pads with the original film and place the wings into the included polybag for later use on the same client. When removing the gel pads from the *SaeboStim Go*, roll the pad from the proximal edge to the distal edge of the wing for easiest removal.

*Specific product directions can be found on the Clorox® product label and website.

**Use of hospital grade cleaning products on devices besides the *SaeboFlex* and the *SaeboReach* may result in disruption of the integrity and function of the devices.

When to replace: Order and replace the *SaeboStim Go* components when the following occurs: (a) the **plastic shell** on the electrical stimulation unit is broken; (b) the **electrical stimulation unit** is not functioning properly; (c) the **gel pads** are not sticking to the skin; (d) the **wings** are visibly torn or damaged; (e) the **silver side of the wings** is scratched.

Saebo Mirror Box

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) stand up the device; (3) spray or apply the solution to all surfaces until slightly damp; (4) let them dry for 5 minutes; (5) wipe the mirror of any visual residue; (6) fold the mirror box and store the device.

SaeboStep

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) place the device in an upright position separating the hook and loop straps so they do not touch; (3) pull out the BOA dial; (4) pull the lace/Spectra cord completely out and lay it out in front of the device; (5) hold the can approximately 6-8 inches away from the device; (6) spray or apply the solution to all surfaces until slightly damp; DO NOT soak; (7) let the device dry for 5 minutes; (8) store the device.

When to replace: Order and replace the *SaeboStep* components when the following occurs: (a) adequate amounts of pilling (small **fabric** balls) become present; (b) the **fabric** is torn; (c) the **3M™ Hook and Loop Fastener** does not hold firmly; (d) **stitching** is unraveling; (e) visible **discoloration** is permanent; (f) the **plastic clip** does not latch; (g) the **BOA dial** does not work; (h) the lace or spectra cord is torn; (i) the hooks or anchors are nonfunctional.

Saebo Clinical Equipment

This section includes the *SaeboMAS*, *SaeboReJoyce*, *SaeboVR*, and Saebo **MyoTrac Infiniti**.

Cleaning: We recommend using Clorox® 4 in One Disinfectant and Sanitizer*. To clean properly: (1) don personal safety equipment; (2) shut off all electronics; (3) hold the can 6-8 inches away from a cloth; (4) spray the cloth until damp, DO NOT soak cloth; (5) wipe down the device on all surfaces; (6) let the device dry for 5 min; (7) safely store the device in its proper resting position.

*Specific product directions can be found on the Clorox® product label and website.

**Use of hospital grade cleaning products on devices besides the *SaeboFlex* and the *SaeboReach* may result in disruption of the integrity and function of the devices.